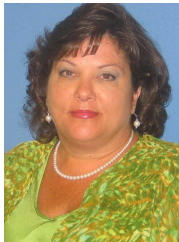


Springs Chapter ♦ January/February/March 2014

From Your Advisor:

Lisa Roddey



Okay, we have wobbled and gobbled until we can't take any more; now it's time to get serious about our health. Yep, I said it! The month of January is our kick-off month for the walking program. Those of you who ordered a pedometer to help keep up with your steps need to get them out and make a habit of putting them on each morning. You will be surprised how many steps you take in a day. Exercise is extremely important to your health and can increase your quality of life. Everyone likes to get out and see friends, have lunch or supper with other couples, and even participate in daily activities. Take advantage of all opportunities to walk or move around your house. If you are watching television walk in place during commercials. After a one-hour program, you would have walked for 15 minutes. Here's another easy way to get some exercise in: while sitting, grab a canned good item and do some curls with your arms. You will find there are many ways to do small things that turn into a daily workout.

On January 6th, we are kicking off our "**Walking Program with Senior Circle**". If you are interested in joining us, make plans to come. The Lunch and Learn will be at 11:30 a.m. in the Doctor's Memorial Building. Dr. Trey Knight is our supporting medical staff advisor for this program. From time to time, he will be available for generic questions about walking and exercise for our Senior Circle group.

Continued on page 4

From Our CEO:

Janice Dabney, FACHE



It is hard to believe that yet another year is behind us. I hope you all enjoyed the holiday season with your family, friends and loved one. As we prepare for the blessings that 2014 has in store, I think it is befitting to reflect on the positive year that Springs Memorial experienced in 2013. It is not uncommon for me to receive a daily compliment about the customer service that our staff displays; the great service in a particular department or the great job one of our physicians performed. As the CEO, I cannot describe to you how these random comments make me so very proud to be a part of the Springs family.

In 2013, we had some major accomplishments:

- ♦ Outstanding Employee Satisfaction Survey Results;
- ♦ Outstanding Physician Satisfaction Results;
- ♦ Received approval for a new Wound Care Center to open in February 2014;
- ♦ Approval to begin a \$4.3 million Emergency Department renovation that will begin in January;
- ♦ A new Wide Bore MRI, 64 Slice CT Scanner and Ultrasound for the Lancaster Imaging Center;
- ♦ Our newly renovated Bistro;
- ♦ The new SMH logo;

Continued on page 4



Dr. Jad Ghandour
Apogee Hospitalist
Springs Memorial Hospital

Dr. Jad Ghandour grew up in Toronto, Canada. He is 31 years old. Dr. Ghandour attended medical school at Ross University in the Dominican Republic. His residency was at University of Connecticut in Connecticut. He joined the Springs Memorial Hospital medical staff as a hospitalist in October, 2013.

Dr. Ghandour is finding Lancaster to be a great area to work. "It is my pleasure to serve Lancaster and the surrounding communities and help my patients achieve their best health while here at Springs Memorial Hospital," said Dr. Ghandour. He and his wife, whom he met while doing his residency at University of Connecticut, enjoy traveling and spending time together.



Dr. W. Paul Banish
General Surgeon
General Surgery of Lancaster
421 West Meeting St.
Lancaster, SC
803-285-8700

Dr. W. Paul Banish will be joining the physicians at General Surgery of Lancaster in February. Dr. Banish grew up in Georgetown, Texas. He graduated at Baylor University in Waco, TX. and completed medical school at the University of Texas Southwestern Medical School in Dallas, TX. He completed his residency at Louisiana State University Medical Center in general surgery. After his residency he practiced in Orangeburg as a partner in Orangeburg Surgical Associates. He was chief of general surgery for the past two years in Orangeburg and worked particularly hard on quality and trauma surgery.

He is experienced in most all general surgery but particularly interested in laparoscopic surgery. Dr. Banish has lots of experience with thoracic and vascular surgery.

Dr. Banish met his wife, Lisa, an occupational therapist, who is from Rock Hill, at the hospital in Orangeburg. Together they have two daughters, Vivi (10) and Hayla (8). Dr. Banish enjoys hunting, running, and golfing.



Educational Opportunities

Mark your calendar for these upcoming health education events [Don't forget to RSVP! 803 313-3333](tel:8033133333)

[All Lunch & Learn Events take place in the Doctor's Memorial Building](#)



- Jan.** **11:30 a.m. Lunch & Learn –**
06 **Walking Program for Senior Circle**
This Lunch and Learn will kick off our Walking Program. During this session there will be discussion concerning exercise, food and nutrition, and keeping track of our steps. Plan to join us and be a part of this effort to get into shape, to have a better quality of life and surprise our doctors.
- Jan.** **11:30 a.m. Lunch & Learn –**
30 **Dr. Walt Collins, Dean of USC Lancaster**
Dr. Collins will be here to discuss the many opportunities for seniors, to further their education at USC Lancaster. USC-L offers several different programs ranging from exercise to improving your computer skills. Take the time to do something for yourself and further your education or just brush up on some existing skills.
- Feb.** **11:30 a.m. Lunch & Learn –**
05 **Clay Catoe, Lancaster County EMS Director**
Mr. Catoe will join us for our Lunch and Learn to discuss things we can do to better help those who get to us first during an emergency. Many of us don't carry information to help EMS workers contact a family member; or our personal health information.
- Feb.** **11:30 a.m. Lunch & Learn –**
25 **Dr. Iqbal from Carolina Heart Specialists,**
will discuss Atrial Fibrillation, better known as A-FIB. Many have requested information about this heart condition. Dr. Iqbal was featured as one of our newest medical staff members in our 4th Quarter 2013 Newsletter.
- Mar.** **11:30 a.m. Lunch & Learn**
05 **Barry Faile, Lancaster County Sheriff**
Sheriff Faile will talk about the increasing crimes of Identity Theft and Senior Scams. Many of you have probably had a call from someone who asked personal questions that make you feel uncomfortable. Sheriff Faile will discuss things to pay close attention to when shopping, or using any form of money other than cash.
- Mar.** **11:30 a.m. Lunch & Learn**
25 **Dr. Sizemore, General Surgery of Lancaster**
The spring and summer months are approaching, which means more time in the sun. Dr. Sizemore will discuss the effects of the sun on your skin. We all know what we should apply sunscreen but there is other important information to know too.

From Your Advisor:

Continued from page 1

On the first Monday of each month you will need to check-in with the Senior Circle office. The check in will consist of bringing your log for your steps during the previous month. This way you have a support team that helps keep you accountable and motivated.

I hope that all of you consider taking part in this program. The only expense is the cost of the pedometer, which is \$20.00. Also, each month's check-in is \$1.00 which goes to the "big pot" for the overall winner in December. The winner will be based on most overall health improvement and consistent participation including steps, monthly check-in, and diet. So again, get your walking shoes out. There is really no reason we can't all get in shape

From Our CEO:

Continued from page 1

- ♦ Two new general surgeons – Dr. Easterwood and Dr. Banish
- ♦ Palmetto Tri-County and General Surgery of Lancaster were added under our clinic corporation umbrella;
- ♦ A new PT Clinic in Indian Land;
- ♦ A new office for Lancaster Orthopaedics and Sports Medicine and the Lancaster office of Springs Physical Therapy in a new location that provides great continuity of care for patients in need of these services;
- ♦ The Get With The Guidelines Gold Award for Heart Failure and Silver Plus Award for Stroke Care;
- ♦ Our company safety award 2 years in a row;
- ♦ Top Performer for Joint Commission for 3 years in a row;

As you can see, we can certainly call 2013 a successful and very busy year and there is more to come in the new year such as a 12 bed Geri-psych unit, more new physicians, a new specialty clinic in Indian Land and other projects that are on the horizon.

I would be remiss to not thank you from the bottom of my heart for the loyalty that you continue to share with your community hospital. The Senior Circle members and the volunteers of SMH are very important members of our hospital family.

I hope each of you have a very healthy, safe & prosperous New Year!

Reservations

Events during the month of **January**

Reservations can be made

January 1st—5th

Events during the month of **February**

Reservations can be made

January 27—31st

Events during the month of **March**

Reservations can be made

February 24—28th

- **Make your reservation for the Newberry Opera House trip during the week of January 27—31st**

**Reservation Line
803 313-3333**

January 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's Day SC office closed	2 10:00 a.m. Line Dancing DMB 10:30 a.m. Crochet SCMR	3 First Friday	4
5	6 10:00 a.m. Balance 11:00 a.m. Yoga 11:30 a.m. L & L Kick off Walking Program DMB 1:00 Game day DMB	7 11:30 a.m. Bowling LBC 2:00 p.m. BINGO	8 10:00 a.m. Yoga-beginner class DMB	9 10:00 a.m. Line Dancing DMB 10:30 a.m. Crochet SCMR 11:00 a.m. Scrapbook Class DMB	10 7:00 a.m. SC Men's Breakfast Steve Willis, County Administrator AR	11
12	13 10:00 a.m. Balance 11:00 a.m. Yoga 1:00 Game day DMB	14 11:30 a.m. Bowling LBC 2:00 p.m. BINGO	15 9:00 a.m. til 3:00 p.m. L & L AARP Safe Driving Class DMB	16 10:00 a.m. Line Dancing DMB 10:30 a.m. Crochet SCMR	17	18 9:00 a.m. Concealed Weapons Class * see details for location
19	20 10:00 a.m. Balance 11:00 a.m. Yoga 1:00 Game day DMB	21 11:30 a.m. Bowling LBC	22 10:00 a.m. Yoga -beginner class DMB	23 10:00 a.m. Line Dancing DMB 10:30 a.m. Crochet SCMR 2:00 p.m. Movie "Man of Steel" DMB	24	25
26	27 10:00 a.m. Balance 11:00 a.m. Yoga 1:00 Game day DMB	28 11:00 a.m. Day trip to Columbia eat at California Dreaming 11:30 a.m. Bowling LBC	29 10:00 a.m. Yoga -beginner class DMB	30 10:00 a.m. Line Dancing DMB 10:30 a.m. Crochet SCMR 11:30 a.m. L&L Dr. Collins USC-L, Dean DMB	31	

<p>AR=Assembly Room DMB = Doctor's Memorial Building MST=Marion Sims Theatre BR=Board Room LRD=Lancaster Recreation Dept.</p>

February 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 9:00 a.m. Walking Check in SC office 10:00 a.m. Balance 11:00 a.m. Yoga	4 11:30 a.m. Bowling LBC 2:00 p.m. BINGO	5 10:00 a.m. Yoga- beginner class DMB 11:30 a.m. L & L Clay Catoe Lancaster EMS DMB	6 10:00 a.m. Line Dancing DMB 10:30 a.m. Crochet SCMR	7 First Friday National Go Red Day	8
9	10 Shred Day– 9-4 10:00 a.m. Balance 11:00 a.m. Yoga	11 11:00 a.m. Day Trip to Tanger Outlets-Gaffney 11:30 a.m. Bowling LBC	12 10:00 a.m. Yoga- beginner class DMB	13 10:00 a.m. Line Dancing DMB 10:30 a.m. Crochet SCMR 11:00 a.m. Scrapbook Class DMB	14 7:00 a.m. Senior Circle Men’s Breakfast Chuck Small, Chief LFD AR	15
16	17 Deposit due for Newberry Opera 10:00 a.m. Balance 11:00 a.m. Yoga	18 11:30 a.m. Bowling LBC	19 10:00 a.m. Yoga- beginner class DMB 2:00 p.m. Movie “The Notebook” DMB	20 10:00 a.m. Line Dancing DMB 10:30 a.m. Crochet SCMR	21	22
23	24 10:00 a.m. Balance 11:00 a.m. Yoga	25 11:30 a.m. Bowling LBC 11:30 a.m. L & L Dr. Iqbal “What is A-Fib?” DMB	26 10:00 a.m. Yoga- beginner class DMB	27 10:00 a.m. Line Dancing DMB 10:30 a.m. Crochet SCMR	28	

AR =Assembly Room DMB = Doctor’s Memorial Building MST =Marion Sims Theatre BR =Board Room LRD =Lancaster Recreation Dept.

March 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 9:00 a.m. Walking Check in SC office 10:00 a.m. Balance 11:00 a.m. Yoga 2:00 Bingo-DMB	4 11:00 leaving for Newberry Opera House Church Basement Ladies \$35.00 11:30 a.m. Bowling LBC 2:00 p.m. BINGO	5 10:00 a.m. Yoga-beginner class DMB 11:30 a.m. L & L Barry Faile, Sheriff Lancaster County Identity Theft DMB	6 10:00 a.m. Line Dancing DMB 10:30 a.m. Crochet SCMR 11:00 a.m.	7 First Friday	8
9	10 10:00 a.m. Balance 11:00 a.m. Yoga	11 11:30 a.m. Bowling LBC	12 10:00 a.m. Yoga-beginner class DMB	13 10:00 a.m. Line Dancing DMB 10:30 a.m. Crochet SCMR 11:00 a.m. Scrapbook Class DMB	14 7:00 a.m. Senior Circle Men's Breakfast Barry Faile, Sheriff Lancaster County AR	15
16	17 10:00 a.m. Balance 11:00 a.m. Yoga	18 11:30 a.m. Bowling LBC	19 10:00 a.m. Yoga-beginner class DMB	20 10:00 a.m. Line Dancing DMB 10:00 a.m. Day Trip to Billy Graham Library 10:30 a.m. Crochet SCMR	21	22
23	24 10:00 a.m. Balance 11:00 a.m. Yoga	25 11:30 a.m. Bowling LBC 11:30 a.m. L & L Dr. Sizemore Skin Cancer DMB	26 10:00 a.m. Yoga-beginner class DMB	27 10:00 a.m. Line Dancing DMB 10:30 a.m. Crochet SCMR	28	29
30	31 10:00 a.m. Balance 11:00 a.m. Yoga					

AR=Assembly Room
DMB = Doctor's Memorial Building
MST=Marion Sims Theatre
BR=Board Room
LRD=Lancaster Recreation Dept.

January

15 – 9:00 a.m. until 3:00 p.m. DMB

AARP Driver Safety Class

Donald Hunt, instructor for AARP Driver Safety Program, will be here to conduct the Driver Safety class. The participants will receive a certificate at the end of class.

Insurance companies must give you a discount for 3 years on your Collision and Liability if you have a clean record.

Discounts vary from insurance company to insurance company. This course will **NOT** remove points from your drivers license.

Cost is \$15 for AARP members and \$20 for non-members. Please bring your AARP membership number with you to class.

RSVP by January 5th. You may pay at the door by cash or checks made payable to: AARP

18 – 9:00 a.m. until 4:30 p.m.

Concealed Weapons Permit Class

On Saturday, January 18, there will be a Concealed Weapons Permit Class in Fort Lawn taught by Robert Cauthen, 18 years of service as officer in Fort Lawn and Chester County. The class will begin at 9:00 a.m. with 4 hours of classroom time which covers the legal portion along with a test. Following lunch the next 4 hours will cover range qualifications, fingerprinting, safety at home, safety in public places, safety when traveling in groups, and incorporating safety and guns. The cost of the class is \$80.00. A \$20.00 deposit is due at the time of registration. You will also need your own weapon, at least 50 rounds of ammunition, eye and ear protection. Refreshments and lunch will be provided.

NOTE: this is not a Senior Circle only event, therefore transportation will not be provided and it is open to non Senior Circle members. Contact Lisa at 803-416-8350 if you are interested. Deadline to sign up is January 10th.

23 – 2:00 p.m. Popcorn and Movie
"Man of Steel"

A young boy learns that he has extraordinary powers and is not of this earth. As a young man, he makes a journey to discover where he came from and find out what he was sent here to do. Eventually, the hero in him must emerge if he is to save the world from annihilation and become the symbol of hope for all mankind. Rated PG-13

28 – 11:00 a.m. Day trip to Columbia, SC

Leaving from the lower parking lot we will take a trip to Columbia to visit some of the area sites. Ending with lunch at California Dreaming.

February

11 – 10:00 a.m. Shopping trip to Gaffney Tanger Outlet

Tuesday's are 50+ Shopper Perks. Over 27 stores offer 10% off your entire purchase. Some of the stores are; Adidas, Brooks Brothers Factory Outlet, Crocs, Dressbarn, Gold Toe, Hagger Clothing Co., Hanes Brands, J. Crew, Kitchen Collection, Nine West Outlet, Sketchers, Yankee Candle, etc. For a complete list visit premiumoutlets.com. This will be a great opportunity to spend that Christmas money and take advantage of leftover sales.

19 – 2:00 p.m. Popcorn and Movie
"The Notebook"

Behind every great love is a great story. Two teenagers from opposite sides of the tracks fall in love during one summer together, but are tragically forced apart. When they reunite 7 years later, their passionate romance is rekindled, forcing one of them to choose between true love and class order.

**Reservation line
803 313-3333**

March

04 – 12:00 noon Newberry Opera House “Church Basement Ladies - A Mighty Fortress”

Take a trip to 1960 for the fourth and funniest installment yet of the “Church Basement Ladies”. All of the gals are back, plus the pastor whose fledgling romance has always inspired mixed reactions. Beverly is turning 15 and gets her first pair of high heels for Confirmation; Karin is finally learning how to drive; and Mrs. Snustad and Mrs. Gilmerson plan a food booth at the county fair to raise money. The “Church Basement Ladies” songs are always heartfelt and charming, and the humor is family-friendly, -- funny-feel-good entertainment. **The cost is \$37.00 per person. A \$20.00 deposit is due February 17. Please contact the Senior Circle Office for questions.**

20 – 10:00 a.m. Day trip to Billy Graham Library

The Billy Graham Library is unlike anything you have ever seen before. Here are some helpful tips to make the most of your visit.

- Guests touring the Library, Homeplace, and Memorial Prayer Garden should allow at least 1½ to 2 hours for the visit. We recommend you wear comfortable shoes.
- Sandwiches, salads, soups and beverages are available for purchase in the Graham Brothers Dairy Bar. Personal food and beverages are not allowed on the property.
- Food and bookstore merchandise are available at posted prices, which do not include N.C. state sales tax. Personal checks, American Express, Discover, MasterCard, and Visa are accepted.

Admission is free, but if you’d like to make a contribution, donation boxes are available in the lobby.

We will leave from the lower parking lot. We will also enjoy lunch on the grounds.

Other Special Tid-Bits

1. Do you know about “First Friday” at Springs Memorial Hospital?

On the First Friday of each month anyone in the community has the opportunity to participate in the “First Friday” events:

Living Will and Healthcare Power of Attorney – Volunteers are available from 9:00 a.m. – 12:00 p.m. to offer assistance and notarize these documents.

Blood Pressure – Volunteers take blood pressure readings from 9:00 a.m. until 12:00 p.m.

Vial of Life – This program allows you to keep all important healthcare information in one location in case of an emergency.

2. February 7, is “National Go Red for Women Day”.

National Go Red For Women encourages awareness of the issues of women and heart disease, and also action to save more lives. The movement, sponsored by the American Heart Association, harnesses the energy, passion and power women have to band together and collectively wipe out heart disease. It challenges women to know their risk for heart disease and take action to reduce personal risk. Wear **RED** on Friday, February 7th.

3. Are you taking full advantage of your **Senior Circle Membership** which includes:

- **Complimentary Meal Plan for Spouse or Caregiver while at Springs Memorial Hospital.**
- **Cafeteria Discounts**
- **First Friday Events**
- **FREE Copies**
- **FREE Faxing**
- **FREE Notary Service**
- **Free E-Mail and Internet**
- **Merchant Discounts (see back cover)**
- **Monthly Activities**
- **Walking Program and Exercise Programs**
- **Library**
- **Quarterly Newsletter**

Senior Circle Men's Breakfast Speakers

This quarter you will notice that I have invited several of our community leaders to speak. I hope these are of interest to you and help with understanding more about what is going on in our community.

January 10 – 7:00 a.m. – Steve Willis, County Administrator

February 14 – 7:00 a.m. – Chuck Small, Chief Lancaster Fire Department

March 14 – 7:00 a.m. – Barry Faile, Sheriff Lancaster County

Remember these breakfasts are for the **Senior Circle Men only**. Don't forget to RSVP.

Are you aware of all the clinics Springs Memorial Hospital has available to you

Comprehensive Urology

Mark J. Makhuli, M.D.
Bradlee A. Johnson, M.D.
838 West Meeting St., Suite D
Lancaster, SC 29720

803-285-4400

ComprehensiveUro.com

Lancaster Orthopaedics and Sports Medicine

Brian Blue, M.D.
Aran O'Malley, M.D.
Plantation Point
1025 West Meeting St., Suite 101
Lancaster, SC 29720

803-285-3700

OrthoLancaster.com

Lancaster Pediatrics

Darniya Powe Belton, M.D.
838 West Meeting St.
Medical Arts Bldg. V, Suite B
Lancaster, SC 29720

803-285-2700

LancasterPeds.com

Lancaster Neurology

Tooba Khan, M.D.
James D. Heckaman, M.D.
834 West Meeting Street
Medical Arts Bldg. IV, Suite G
Lancaster, SC 29720

803-285-1111

General Surgery of Lancaster

George L. David, M.D.
Patrick Sizemore, M.D.
Lee Easterwood, M.D.
W. Paul Banish, M.D.
421 West Meeting St.
Lancaster, SC 29720

803-285-8700

Palmetto Tri-County Primary Care

David M. Colon-Ruiz, M.D.
F. Michael Kimbrell, M.D.
Anupama Singaraju, M.D.
Brian R. Snyder, D.O.
Ward Faulkenberry, CFNP
Shanna Mago, FNP-BC
201-A West Meeting St.
Lancaster, SC 29720

803-286-4666

PalmettoTriCounty.com



Administrative Office

803-283-3400

LancasterClinics.com

Affiliates

Springs Physical Therapy

Plantation Point
1025 West Meeting St., Suite 103
Lancaster, SC 29720

803-286-1576

Springs Physical Therapy at Sun City

803-547-7484

Springs Physical Therapy Indian Land

6277 Carolina Commons
Suites 100 & 200
Indian Land, SC 29707

803-396-0251

Lancaster Imaging Center

Plantation Pointe
1037 West Meeting St.
Lancaster, SC 29720

803-313-3170

The Surgery Center at Edgewater

2536 Lengers Way
Fort Mill, SC 29707

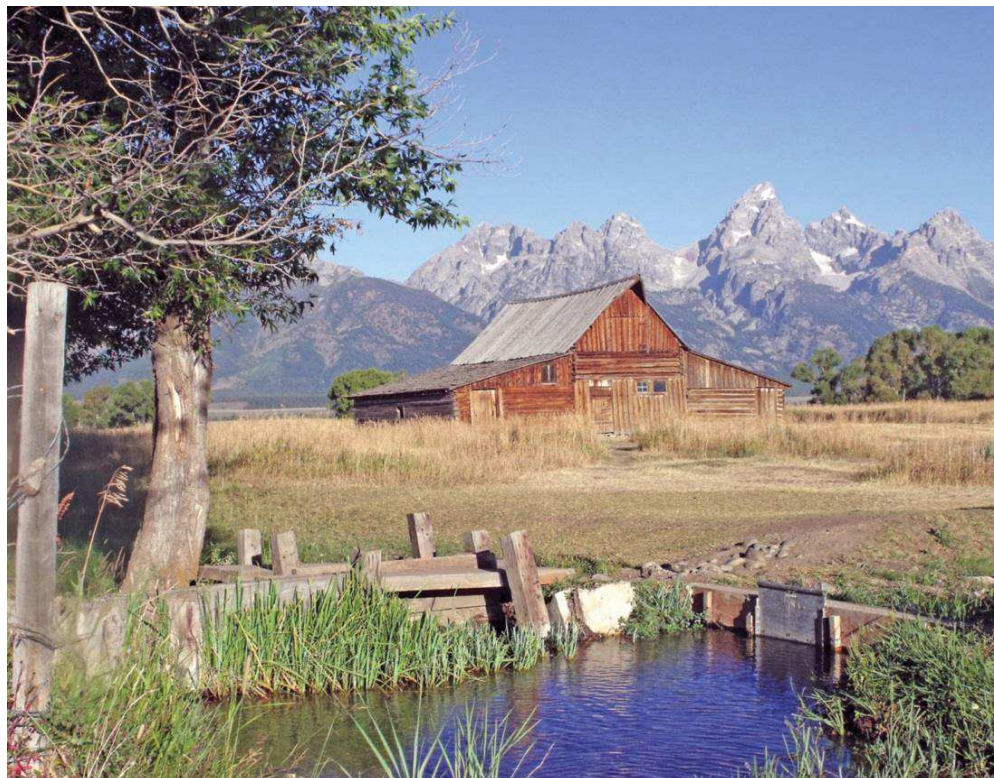
803-802-9500

Springs Wound Care & Hyperbarics Center

838 West Meeting St.
Medical Arts Bldg. V, Suite A
Lancaster, SC 29720

Opening Early 2014

Senior Circle-Springs Memorial Chapter presents...
Northern National Parks September 2 - 9, 2014



For more information contact
Lisa Roddey, Senior Circle-Springs Memorial Chapter
(803) 416-8350 or lisa_roddey@chs.net

New Vision Care Provider



As of January 1, the Senior Circle program will offer the VSP Vision Care discount plan. VSP has more than 49,000 provider locations nationwide. Benefits include:

- 20% off routine eye exam;
15% off contact lens exam
- 20% off glasses with frames or lenses only
- Savings on certain contact lens brands

Simply present your current membership card or Senior Circle membership ID number to receive your discount.

For questions, visit VSP.com or call 800-877-7195.



The EyeMed Vision Care Plan will no longer be available effective March 1, 2014.



VAN TRIPS

**PLEASE DO NOT WEAR ANY TYPE OF
COLOGNE, PERFUME OR SCENTED
LOTION WHEN RIDING IN THE VAN.**

Thank you!

Merchant Discount Program

<p>Lee's Cleaners <i>10% off Dry Cleaning</i> 113 E. Dunlap St. Lancaster, SC</p> <p>283-0880</p>	<p>Subbies Sandwich Shop <i>Free Drink with purchase of meal</i> 1321 Hwy 9 By Pass W Lancaster, SC</p> <p>283-2650</p>	<p>Lancaster Jewelers <i>10% off regular priced merchandise</i> 1548 Great Falls Hwy. Lancaster, SC</p> <p>289-1100</p>	<p>Applebee's <i>10% Discount on Meals</i> 1268 Hwy 9 By Pass W Lancaster, SC</p> <p>286-7777</p>
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<p>The Purple Rooster <i>10% off regular priced merchandise</i> 106 E. Gay St. Lancaster, SC</p> <p>283-3873</p>	<p>Mully's Restaurant <i>10% Discount on Meals</i> 695 Lancaster By Pass East</p>	<p>Lancaster Bowling Center \$6.50 includes 2 games, shoes, and lunch on Tuesdays 11-1 1352 Reece Rd. Lancaster, SC</p>	<p>Ray's Flowers <i>10% Discount Excludes wire-out orders</i> 318 South Main St. Lancaster, SC 29720</p> <p>283-3339</p>
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<p>Davis Dry Cleaners <i>10% off dry cleaning</i> 120 W. Gay St. Lancaster, SC</p> <p><i>Must present card at drop-off</i></p> <p>285-5281</p>	<p>Energy Center TV & Appliances <i>10% off regular priced appliances</i> 667 Lancaster Bypass East Lancaster, SC</p> <p>286-6148</p>	<p>Garris Jewelers <i>15% off regular priced in stock items on Fridays</i> Lancaster Square Sh. Ctr. 965 N. Main Street Lancaster, SC</p> <p>283-2415</p>
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<p>Maple Street Monograms <i>\$5.00 off of \$50.00 purchase</i> 1329 Hwy 9 By Pass W Lancaster, SC</p> <p>286-7267</p>	<p>The Sunshine Gift Shop <i>10% off</i> 800 W. Meeting St. Lancaster, SC</p> <p>286-1547</p>	<p>Bill Fortune Photography <i>15% Discount</i> 416 W. Meeting St. Lancaster, SC</p> <p>285-1555</p>	<p>Winona's Flowers <i>10% off with \$40 purchase</i> 3177 Pageland Hwy Lancaster, SC</p> <p>286-0010</p>
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